



THE
ALCHEmY
OF
20
26

Fleurs de Vie

As 2026 dawns, it arrives bearing profound symbolic weight.



In numerology, it is a universal Year 1 ($2+0+2+6=10$, $1+0=1$), heralding a global reset, new beginnings, and the raw, initiating energy of a seed planted in collective consciousness.

This coincides with the Chinese Fire Horse year starting on the New Moon of the 17th of February. This will be a dynamic, untameable and fiercely energetic cycle that charges forward with revolutionary spirit and passion, following the Wood Snake Year that offered the chance to shed outdated ways gracefully and rebuild with resilient, interconnected structures.

Against a backdrop of complex geopolitical tides, these archetypes invite not passive observation but active, courageous co-creation.

This guide is not about ignoring circumstances, but about harnessing this unique confluence of energies to cultivate personal and collective abundance from the ground up, transforming the very soil of challenge into fertile ground for growth.

To make the most of 2026's Year 1 energy, consciously plant the seeds of what you wish to see blossom in your life and world for the next 9-year cycle.

This requires radical clarity and release of outdated patterns, completing the "shedding" the Snake initiated. Set intentional, bold foundations in your health, relationships, and purpose.

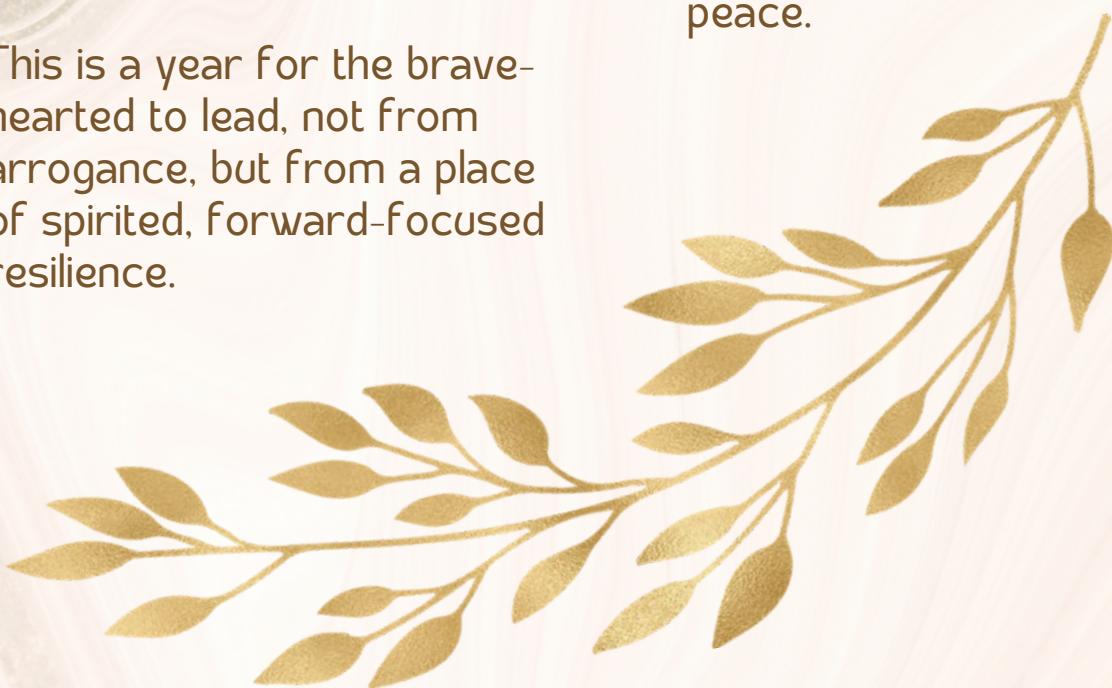
The Fire Horse, meanwhile, demands action aligned with authentic passion. This year will reward audacity, integrity, and movement. Do not wait for stability; create stability through purposeful motion.

In the geopolitical sphere, this translates to fostering unwavering stability within your immediate realm (your home, community and networks) while using the Horse's social nature to build resilient, local bridges of support and exchange. The Fire Horse's energy is immense: channel it into mastering your craft, advocating for your values, and investing in tangible skills.

This is a year for the brave-hearted to lead, not from arrogance, but from a place of spirited, forward-focused resilience.

Abundance in 2026 will be redefined not as mere accumulation, but as sovereignty, vitality, and aligned flow. Manage the Fire Horse's potential for burnout by building rhythmic cycles of focused effort and purposeful rest.

Think of the Horse's gallop followed by grazing. Use the pioneering 1 vibration to innovate, especially in how you create and share value. In a fluctuating wider world, your abundance plan must be rooted in adaptability, emotional intelligence, and the cultivation of non-extractive resources: deep knowledge, strong relationships, and inner peace.



See geopolitical shifts not as something to fear, but as a landscape that highlights what is truly essential. Your most abundant act may be to become a node of calm, clarity, and practical support in your network, thereby insulating your reality from external chaos and attracting collaborative opportunities.

To navigate this potent year with grace and amplify your intentions, vibrational essences can serve as profound allies.



Like tuning an instrument to a specific frequency, essences can help harmonize your personal energy with the qualities you wish to embody, be it the courage of the Fire Horse, the focused new beginnings of Year 1, or the grounded calm needed amidst uncertainty.

They can support the emotional and energetic "shedding" required to ride this year's waves with agility, transforming inner turbulence into forward momentum and ensuring your vibrant spirit is not only protected but potentiated for creation.

General essences for 2026



Ian White, founder of the Australian Bush Flower Essences, has created a numerological combination essence for each year since 2024 in addition to the limited-edition Numerology Essence range with Ruling numbers 2 to 11, 22, 33 and 44. They enhance emotional balance and are tailored to your Ruling Number.

This year's essence has been created to support the powerful energetic shift of the Universal Year 1, the second year in the new nine-year cycle and a time of decisive action.

This blend helps clear procrastination, dissolve outdated habits and renew your focus on financial stewardship, strengthening your ability to move forward with clarity, resilience and purpose.

Dynamis Essence renews enthusiasm and joy for life. It is for those who feel "not quite right", drained, jaded, disheartened or burdened by their physical body. It also helps with feelings of physical restriction and limitation.

Banksia Robur addresses temporary loss of drive and enthusiasm due to burn out, disappointment or frustration.

It is different to Old Man Banksia as it is for people who are normally very dynamic. It will pick them up out of the 'bog' they are in and get them back on solid ground and going again.

Super Vitality, from Pacific Essences, revitalizes energy at all levels and recharges our batteries. It helps with rejuvenation and revitalization of the Body/Mind/Spirit.

One of its main qualities is that it enhances stamina and promotes peak performance... great for athletes or for anyone whose natural vitality is diminishing and for anyone who is feeling the effects of aging. That it harmonizes emotions and restores optimism is just the cherry on top.

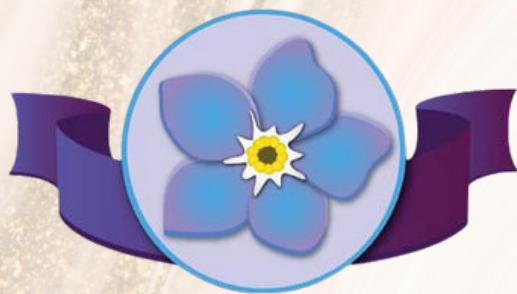


City of the Valley is an emotional tonic helping us see "through the eyes of a child." It connects us with the inner radiance and vitality in the heart centre. It helps us to listen with the ears of the heart and gives us the courage to express ourselves with clarity, trust, simplicity and ease.

Twelve Gems is a combination essence that is a unique treasure chest which resonates on the cellular level to allow us to cleanse, re-boot, re-set and re-turn to mental freedom by emptying the cellular trash and letting go of limiting beliefs, trusting life's flow and ability to move around obstacles, finding new, effective solutions to problems and challenges and heart-centred consciousness, strengthened forgiveness, tolerance and receptivity

Green Hope Farm brings us Vitality, an energetic reminder to go to our hearts for grounding, strength, direction, connection to God and everything else.

This combination helps us hear our heart's every message more clearly and gives us the strength to follow its impeccable wisdom.



GREEN HOPE FARM

Red Jasper, from the Crystal Energy Essences, brings us strength and vitality in times of need.



Black Currant, another gem from Green Hope Farm, cleanses and purifies our etheric body of the detritus of the past seven generations of our family, all of which is often still held in our energy system unbeknownst to us.

This means we no longer have to carry the baggage of our previous incarnations or our ancestors' baggage but can be free to regain an unparalleled level of energetic vitality.

It grounds us firmly into the fiery depths of the earth, so that we can recharge our batteries and move forward, physically, emotionally, mentally and spiritually.

Red Jasper is a replenishing essence; combined with a protection essence, it helps maintain a high level of energetic integrity.

Corn, from Spirit-in-Nature Essences, exemplifies living fully in the moment; an inner attitude of willingness, and the commitment to complete projects and to make needed psycho-emotional changes. Corn improves both the quantity and quality of energy available to us. The more vitality we possess, the more enthusiasm we have for life. Corn Essence encourages us to do old things in new ways and strengthens us when we face change (a new job, moving to another city, going off to college).

Apple essence is very effective in periods of worry, doubt, or indecision. All of these stressful states subtly drain us of energy, leaving us open to illness. Apple is also indicated at any time we are wanting to regain the subtle balance between the body and mind. This essence deals directly with the law of magnetism: when we live in mental and physical health, we draw to



ourselves more of the same. And when we live in fear of disease and debility, we draw exactly that.

Pear Essence imparts willingness and openness to face the unknown, and it strengthens the aura. It helps us to build healthy relationships through resolving conflicts and resistance. The true message of Pear is to remain untouched by the passing tragedies and tremors of life.

Pear can be considered to be the sum total of the positive traits of all twenty Spirit-in-Nature's Flower Essences: perfect peace, perfect calmness, perfect love.

Deva brings us Capucine (Nasturium) which stimulates vitality. It is for the temporary lack of concentration and fatigue due to overwork, specifically recommended for people whose profession requires intense intellectual activity which weakens the body, as well as those who are too intellectual, to the detriment of their physical body.

Ipomée (Morning Glory) revitalises the body. It also helps break bad habits (alcohol, coffee, tobacco). It will help you regularise daily routines (meal times, bed time) and bring back the stability necessary for a balanced lifestyle.

The combination Cibérations helps eliminate unhealthy habits and outdated ways that are both physical and psychological. It is useful to overcome the impatience, agitation and bad moods that

are brought on during the period of adjustment while eliminating these habits.

Câcher Prise (Getting go) is another combination essence from Deva. It gives you the ability to let go and the discernment to find the right balance in your responsibilities. It brings renewed vitality to face daily life.

The Renaissance combination essence helps to recover peace and full physical, mental and emotional integrity after a situation of complete exhaustion. It allows a sufficiently solid reconstruction to be able to recover from a burnout and move forward with strength, confidence, vitality and optimism.

Cayenne is a powerful catalyst for when one feels "stuck" and can't advance. This essence develops willpower, motivation and enthusiasm. It initiates a dynamic process of transformation to unblock situations and allow one to move forward.

DEVA
les émotions

South African Essences brings us the invaluable Baeometra, mainly for fatigue, exhaustion and depletion. It is useful when one feels overwhelmed, disheartened or unable to carry on, when everything is too much of an effort. This essence restores vitality, energy, enthusiasm, zest for life and a sense of well-being.



Joy, an Alchemical Essence from South African Essences, ignites our passion; it is exhilarating, dynamic and stirs us to action. It is the pervading energy of the universe, and its resonance attracts to us more about which to be joyful. Yet, for reasons of our own, we choose to keep ourselves outside joy – this essence will help you let go and step into the resonance of joy.

Horse essences from Wild Earth Animal Essences



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Wild Horse nurtures a sense of loving openness, belonging, and connection with others. It encourages strength, stamina and power. Wild Horse gently opens the Heart chakra. It is appropriate for those who have "lost heart."



Wild Foal provides nurturing support for embracing and releasing tears of grief that remain from unresolved childhood issues. Supports open-heartedness and gentleness. It is for embracing the pure, tender heart of the child that lies within, nurturing gentleness and belonging; for deepening into the experience of the heart chakra of our Inner Child. It allows one to tend the broken heart due to childhood wounding, allowing one to feel the pain of this hurt and release it through tears. For being in one's heart at the deepest level of our being.

Fire Element related essences

Mulla Mulla, from Australian Bush Flower Essences, is for the personal recovery from the shattering experience of burns from heat or fire. If you find that the Year of the Fire Horse gets to be too much for you, this Essence can reduce the negative effects of fire and the sun's rays. It is for those with a fear of fire or flames (often from a past life). If this fear is unconscious, it will often manifest in a lack of vitality, as if they wish to fade away.

Fire essence, a White Eight Essence from Australia, can open people to their most ancient source, the moment when the soul originally chose the life purpose for its earthly incarnations. When an individual's life path has been revealed, he or she will be inspired and motivated to fulfil their highest destiny. But Ian warns that this essence only works if we are committed heart and soul to moving forward.

Fireweed Combo (Alaskan) supports the processes of transformation, transition, and change. It can be used to prepare for a transformational experience of any kind, but it is especially useful when you are in the middle of an intense process and need extra support to get through it.

Fire Element from Pacific Essences is for those who feel a lack of enthusiasm or passion in their life as well as those who are easily over-excited and impatient.

Fire Tone, from Petaltone Essences, is a multi-layer aura protection essence. Used before sleep, it offers almost a psychic 'faraday cage' allowing personal space in which to rest deeply. During daytime use it helps to keep your aura within the closer boundaries necessary for worldly activities. This essence is for external use only.



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