

# MT. PINATUBO ESSENCE



- Heightens your intuition to the inner pulsing of the Earth and future events so you know where you should be and what is safe
- Allows you to be grounded and in the centre of your power
- Assists you in aligning to and coming into the flow of the cosmic forces
- Allows you to drop the mask of conformity, and to reveal who you truly are, your true loving "I Am" state
- Anchors into your being the unique quality that you came here to be
- Helps you on your journey from innocence to wisdom enabling you to rise to your highest frequency

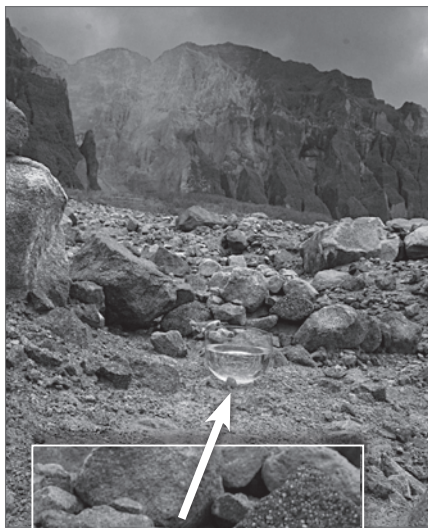
## MT. PINATUBO ESSENCE

The seventh and final Light Frequency Essence was prepared on the shores of the caldera lake of Mt. Pinatubo, a volcano 90km north of Manila in the Philippines. Mt. Pinatubo's eruption in June 1991 was the 2nd largest of the twentieth century. Over 5 billion cubic meters of ash and pyroclastic debris were ejected into the atmosphere and the eruption plume reached an altitude of 34km. The eruption killed over 800 people and 100,000 were made homeless.

This Essence helps you to tune into the inner pulse of the earth to allow you to be in the right place at the right time as well as being grounded and centred during these times of earth changes.

Much Love, Light and Respect  
**Ian**





Mt. Pinatubo Essence gives you the confidence to take away the masks of fear and conformity and to stand and shine totally in who you truly are and be willing to fully share your uniqueness with everyone and contribute. It allows you to reveal your true "I Am", state which is at the heart of everything. If you know who you are, you know where you are going and how you are going to get there.

A mask is worn as a shield because the world is perceived as dangerous. If you wear a mask, you are not being who you are incarnated to be. Removing the mask is a consequence of knowing who you are. That knowledge then gives you the confidence to say, "This is who I am", "This is what is important to me", "This is where I will focus". From that comes new creation and this is how worlds are changed.

Mt. Pinatubo Essence is about creation and co-creation and it completes the Individualised Flame's or Divine Essence's journey from innocence to

wisdom that takes you to the highest frequency of who you truly are.



There is an inner pulse arising from deep within the Earth, a cosmic movement affecting the entire Universe, which is aligning to create vast karmic shifts for our planet. Large tracts of the Earth have absorbed and taken in massive destruction and pollution along with energies of human conflict and negativity. So there are many places within the Earth that need to release that charge and are doing so. This inner pulsing is gradually building up speed and will need to be released. Already it is moving and destabilising some of the tectonic plates, which is why certain disasters or catastrophes are happening and will continue to occur. Though as the Earth raises its vibration, a lot of heaviness will drop away.

Mt. Pinatubo Essence will help you tune into the Earth's inner pulsing as well as future events, to know where you should be and what is safe. It also assists you to be grounded and in the centre of your power within yourself. The remedy creates a willingness to let go of your blocks and defences and to stay in balance with the incoming flow of cosmic forces entering the Earth.



**Preparation:** This Essence is available in Stock strength. To prepare a dose bottle add 7 drops to a bottle up to 15ml containing 1/3 brandy and 2/3 purified water.

**Dosage:** 7 drops of the dose bottle are taken under the tongue on rising and retiring, usually for at least 2 weeks. We recommend taking the Essence on its own, not mixing it with other Essences.

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